# RULES BASED MEDICINE

## Comparing Blood Draw Protocols for TruCulture

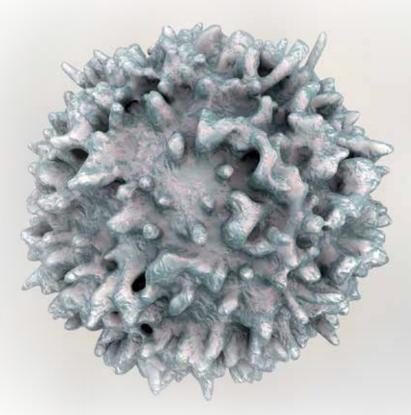
### Introduction

TruCulture<sup>®</sup> is a whole blood collection and incubation system customized to stimulate targeted immune responses. It is a syringe system based on a Sarstedt S-Monovette<sup>®</sup>. Thus, blood collection into TruCulture tubes can be conducted either by pulling the plunger before (Vacuum Method) or after (Aspiration Method) connecting the TruCulture tube to the subject. (<u>https://www.sarstedt.com/fileadmin/user\_upload/99\_</u><u>Broschueren/644\_c\_PosterA3\_AnleitungVenoeseBE\_SafetyKanuele\_GB\_US\_0815.pdf</u>) This white paper will present data to demonstrate that blood collection into TruCulture tubes by either method is appropriate for the use of TruCulture tubes to stimulate whole blood cultures.

### **Protocol**

Ten healthy subjects were selected. On each subject's right arm, the aspiration method was used, and on each subject's left arm the vacuum method was used. Both collection methods used a Safet-Mulifly<sup>®</sup> 21G needle (Sarstedt: 85-1638-235). The right arm was drawn first, then the left. From each arm, 5 TruCulture tubes were drawn in the following order: Null (Cat# 782-001086), Null, LPS (Cat# 782-001087), SEB (Cat# 782-001124), CD3/CD28 (Cat# 782-01125).

## **Itru**culture



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## Preparation prior to blood draw

At least 1 hour prior to blood draw, TruCulture tubes were removed from -20°C and thawed at room temperature.

#### **Blood draw**

#### **Right arm (Aspiration Method)**

- 1. Insert butterfly needle into vein.
- 2. Prime tubing: Using an empty S-monovette, connect the syringe to the cannula and pull enough blood into the syringe to prime the tubing of the butterfly needle.
- 3. Remove priming tube.
- 4. Connect the first TruCulture tube to the cannula.
- 5. Once the syringe is connected, pull the plunger into the locked position.
- 6. After 3-5 seconds, remove filled TruCulture tube and connect next tube.
- 7. Repeat 4 to 6 until all TruCulture tubes are filled with whole blood.

#### Left arm (Vacuum Method)

- 1. Pull the plunger for all TruCulture tubes to be drawn into the locked position (no more than 15 minutes prior to step #2).
- 2. Insert butterfly needle into vein.
- 3. Prime tubing: Using an empty S-monovette, connect the syringe to the cannula and pull enough blood into the syringe to prime the tubing of the butterfly needle.
- 4. Remove priming tube.
- 5. Connect the first TruCulture tube, with the plunger already in the locked position, to the cannula.
- 6. After 3-5 seconds, remove the filled TruCultre tube is removed and connect the next tube.
- 7. Repeat 4 to 6 until all TruCulture tubes are filled with whole blood.

After blood has been collected into all TruCulture tubes, snap off the plunger and invert each tube end-to-end gently 3 times. Then place the tubes upright into a 37°C heat block. After incubating for 24 or 48 hours, the seraplas valve is inserted, and the supernatant removed and stored at -80°C. Analysis of collected supernatants was conducted using the OptiMAP immunoassay panel.



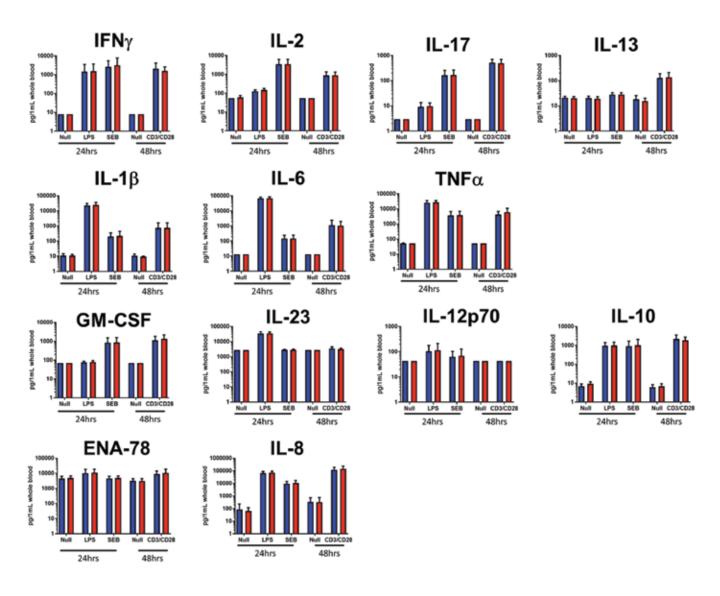


## **Results**

*Figure 1* shows that there were no significant differences between the 2 draw methods in any of the 13 analytes measured. This non-significant difference was repeated at both 24 and 48 hour time points and with all TruCulture tubes tested: Null, LPS, SEB, and CD3/CD28.

#### Figure 1: OptiMAP data comparing TruCulture blood collection methods

Blue bars = Aspiration method. Red bars = Vacuum method. All data graphed as mean with standard deviation error bars. Data analyzed using paired Student's T test. All data was considered non-significant with p > 0.05.



## CONCLUSION

The data presented indicates that collection of whole blood using the TruCulture tube can be conducted either using the **Aspiration** or **Vacuum** method.

## **Contact** us

Website: RBM.Q2LabSolutions.com/TruCulture



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